European Indoor Championships
TORUN, POLAND 4-7 MARCH 2021

Appendix 3

DAY 0 - Thursday, 4 March, Morning			

DAY 0 - Thursday, 4 March, Evening			
18:30	*Opening Ceremony*		
19:00	High Jump	M	Q
19:08	Long Jump	M	Q
19:15	Shot Put	W	Q
19:30	3000m	W	R1
20:20	1500m	M	R1

DAY 1 - Friday, 5 March, Morning			
10:00	60mH Pen	W	
10:11	Triple Jump	M	Q
10:17	400m	M	R1
10:20	Pole Vault	W	Q
10:52	High Jump Pen	W	
11:05	400m	W	R1
11:18	Shot Put	M	Q
11:50	1500m	W	R1
12:18	Long Jump	W	Q
12:30	800m	W	R1
13:05	Shot Put Pen	W	

DAY 1 - Friday, 5 March, Evening			
19:00	Long Jump Pen	W	
19:06	**Shot Put**	**W**	**Final**
19:13	High Jump	W	Q
19:25	400m	M	SF
19:45	400m	W	SF
20:05	800m	M	R1
20:20	**Long Jump**	**M**	**Final**
20:35	**Shot Put**	**M**	**Final**
20:45	**800m Pen**	**W**	**Final**
21:00	**3000m**	**W**	**Final**
21:35	**1500m**	**M**	**Final**
21:43	*Shot Put*	*W*	*MC*
21:48	*Pentathlon*	*W*	*MC*
21:53	*3000m*	*W*	*MC*

DAY 2 - Saturday, 6 March, Morning			
09:42	*Long Jump*	*M*	*MC*
09:47	*Shot Put*	*M*	*MC*
09:52	*1500m*	*M*	*MC*
10:00	60m Hep	M	
10:04	Pole Vault	M	Q
10:20	60m	M	R1
10:42	Long Jump Hep	M	
11:00	3000m	M	R1
11:30	60mH	W	R1
12:00	Triple Jump	W	Q
12:10	60mH	M	R1
12:15	Shot Put Hep	M	
12:50	60m	M	SF

DAY 2 - Saturday, 6 March, Evening			
18:50	High Jump Hep	M	
19:00	800m	W	SF
19:15	**Pole Vault**	**W**	**Final**
19:25	800m	M	SF
19:40	**Long Jump**	**W**	**Final**
19:50	**1500m**	**W**	**Final**
20:10	**400m**	**M**	**Final**
20:25	**400m**	**W**	**Final**
20:58	**60m**	**M**	**Final**
21:01	*1500m*	*W*	*MC*
21:06	*400m*	*M*	*MC*
21:11	*400m*	*W*	*MC*

DAY 3 - Sunday, 7 March, Morning			
09:42	*Long Jump*	*W*	*MC*
09:47	*Pole Vault*	*W*	*MC*
09:52	*60m*	*M*	*MC*
10:00	60mH Hep	M	
10:20	60m	W	R1
10:53	**Triple Jump**	**M**	**Final**
11:00	Pole Vault Hep	M	
11:19	**High Jump**	**M**	**Final**
12:35	60m	W	SF
12:51	*Triple Jump*	*M*	*MC*
13:00	60mH	M	SF
13:10	*High Jump*	*M*	*MC*
13:20	60mH	W	SF

DAY 3 - Sunday, 7 March, Evening			
17:00	**60mH**	**M**	**Final**
17:05	**Pole Vault**	**M**	**Final**
17:15	**60mH**	**W**	**Final**
17:20	**Triple Jump**	**W**	**Final**
17:30	**1000m Hep**	**M**	**Final**
17:36	*60mH*	*M*	*MC*
17:45	**High Jump**	**W**	**Final**
17:52	**3000m**	**M**	**Final**
18:01	*60mH*	*W*	*MC*
18:06	*Heptathlon*	*M*	*MC*
18:13	**800m**	**W**	**Final**
18:25	**800m**	**M**	**Final**
18:30	*3000m*	*M*	*MC*
18:46	**60m**	**W**	**Final**
18:57	**4 x 400m Relay**	**M**	**Final**
19:03	*800m*	*W*	*MC*
19:10	**4 x 400m Relay**	**W**	**Final**
19:17	*Triple Jump*	*W*	*MC*
19:22	*800m*	*M*	*MC*
19:27	*Pole Vault*	*M*	*MC*
19:32	*60m*	*W*	*MC*
19:37	*High Jump*	*W*	*MC*
19:41	*4 x 400m Relay*	*M*	*MC*
19:46	*4 x 400m Relay*	*W*	*MC*