

2nd MANIAK MEMORIAL - SZCZECIN (POL) 15.08.2019

time	track	jumps	field
16:00	opening ceremony		
16:03	100m Women (pre-program)		
16:05			shot put women + men
16:15	100m Women (duathlon)		
16:20		pole vault men	
16:22	4 x 800m mixed amateur teams		
16:40	1500m Men		
16:55	100m Men heat 1 (duathlon)		
17:00	100m Men heat 2 (duathlon)		
17:10	400m Men		
17:20	200m Women (duathlon)		
17:40	400m Women		
17:50	1500m Women		
18:00	200m Men heat 1 (duathlon)		
18:10	200m Men heat 2 (duathlon)		
18:25	800m Men		