

22.09.2018 (sobota) DZIEŃ 1.

| Godzina | Biegi                     | Skoki długie      | Skoki wysokie        | Rzuty długie          | Rzuty krótkie         | Dekoracje                    | Godzina |
|---------|---------------------------|-------------------|----------------------|-----------------------|-----------------------|------------------------------|---------|
| 13:00   | <b>Uroczyste otwarcie</b> |                   |                      |                       |                       |                              | 13:00   |
| 13:08   |                           |                   |                      | Rzut młotem K (17)    |                       |                              | 13:08   |
| 13:10   | 200pl M 1                 |                   |                      |                       |                       |                              | 13:10   |
| 13:12   |                           |                   | Skok o tyczce M (16) |                       |                       |                              | 13:12   |
| 13:15   |                           | Skok w dal K (19) |                      |                       |                       |                              | 13:15   |
| 13:17   | 200pl M 2                 |                   |                      |                       |                       |                              | 13:17   |
| 13:22   | 200pl M 3                 |                   |                      |                       |                       |                              | 13:22   |
| 13:27   | 200pl M 4                 |                   |                      |                       |                       |                              | 13:27   |
| 13:33   | 200pl M 5                 |                   |                      |                       |                       |                              | 13:33   |
| 13:40   | 200pl K 1                 |                   |                      |                       |                       |                              | 13:40   |
| 13:45   | 200pl K 2                 |                   |                      |                       |                       |                              | 13:45   |
| 13:50   | 200pl K 3                 |                   |                      |                       |                       |                              | 13:50   |
| 13:56   | 200pl K 4                 |                   |                      |                       |                       |                              | 13:56   |
| 14:02   | 200pl K 5                 |                   |                      |                       |                       |                              | 14:02   |
| 14:07   | 200pl K 6                 |                   |                      |                       |                       |                              | 14:07   |
| 14:15   | 600 M 1                   |                   |                      |                       |                       |                              | 14:15   |
| 14:21   | 600 M 2                   |                   |                      |                       |                       |                              | 14:21   |
| 14:27   | 600 M 3                   |                   |                      |                       |                       |                              | 14:27   |
| 14:28   |                           |                   |                      |                       |                       | <b>200pl M (CD)</b>          | 14:28   |
| 14:34   | 600 M 4                   |                   |                      |                       |                       |                              | 14:34   |
| 14:35   |                           |                   |                      |                       |                       | <b>200pl K (CD)</b>          | 14:35   |
| 14:40   | 600 M 5                   |                   |                      |                       |                       |                              | 14:40   |
| 14:50   | 600 K 1                   |                   |                      |                       |                       |                              | 14:50   |
| 14:57   | 600 K 2                   |                   |                      |                       |                       |                              | 14:57   |
| 15:00   |                           |                   |                      |                       |                       | <b>Rzut młotem K (CD)</b>    | 15:00   |
| 15:05   | 600 K 3                   |                   |                      |                       |                       |                              | 15:05   |
| 15:10   |                           |                   |                      | Rzut dyskiem K (23)   |                       |                              | 15:10   |
| 15:13   | 600 K 4                   |                   |                      |                       |                       |                              | 15:13   |
| 15:15   |                           |                   |                      |                       |                       | <b>Skok w dal K (CD)</b>     | 15:15   |
| 15:20   | 3000ch K                  |                   |                      |                       |                       |                              | 15:20   |
| 15:40   |                           |                   |                      |                       |                       | <b>600 M (CD)</b>            | 15:40   |
| 15:45   |                           |                   |                      |                       |                       | <b>600 K (CD)</b>            | 15:45   |
| 15:55   | 100 M 1                   |                   |                      |                       |                       |                              | 15:55   |
| 16:01   | 100 M 2                   |                   |                      |                       |                       |                              | 16:01   |
| 16:07   | 100 M 3                   |                   |                      |                       |                       |                              | 16:07   |
| 16:13   | 100 M 4                   |                   |                      |                       |                       |                              | 16:13   |
| 16:20   |                           |                   |                      |                       |                       | <b>3000ch K (CD)</b>         | 16:20   |
| 16:25   | 2000 K 1                  |                   |                      |                       |                       |                              | 16:25   |
| 16:30   |                           |                   |                      |                       |                       | <b>Skok o tyczce M (CD)</b>  | 16:30   |
| 16:35   | 2000 K 2                  |                   |                      |                       |                       |                              | 16:35   |
| 16:37   |                           |                   |                      |                       |                       |                              | 16:37   |
| 16:40   |                           |                   | Skok wzwyż M (19)    |                       | Pchnięcie kulą M (18) |                              | 16:40   |
| 16:55   | 100 M F                   |                   |                      |                       |                       |                              | 16:55   |
| 17:00   |                           |                   |                      |                       |                       | <b>Rzut dyskiem K (CD)</b>   | 17:00   |
| 17:05   | 100 K 1                   |                   |                      |                       |                       |                              | 17:05   |
| 17:08   |                           |                   |                      |                       |                       |                              | 17:08   |
| 17:12   | 100 K 2                   |                   |                      | Rzut oszczepem M (18) |                       |                              | 17:12   |
| 17:15   |                           |                   |                      |                       |                       | <b>2000 K (CD)</b>           | 17:15   |
| 17:19   | 100 K 3                   |                   |                      |                       |                       |                              | 17:19   |
| 17:30   |                           |                   |                      |                       |                       | <b>100 M (CD)</b>            | 17:30   |
| 17:35   | 5000ch M                  |                   |                      |                       |                       |                              | 17:35   |
| 18:10   |                           |                   |                      |                       |                       | <b>5000ch M (CD)</b>         | 18:10   |
| 18:15   | 100 K F                   |                   |                      |                       |                       |                              | 18:15   |
| 18:20   |                           |                   |                      |                       |                       | <b>Pchnięcie kulą M (CD)</b> | 18:20   |
| 18:25   | 2000 M 1                  |                   |                      |                       |                       |                              | 18:25   |
| 18:30   |                           |                   |                      |                       |                       | <b>Skok wzwyż M (CD)</b>     | 18:30   |
| 18:33   | 2000 M 2                  |                   |                      |                       |                       |                              | 18:33   |
| 18:35   |                           |                   |                      |                       |                       | <b>Rzut oszczepem M (CD)</b> | 18:35   |
| 18:40   |                           |                   |                      |                       |                       | <b>100 K (CD)</b>            | 18:40   |
| 18:45   |                           |                   |                      |                       |                       | <b>2000 M (CD)</b>           | 18:45   |

23.09.2018 (niedziela) DZIEŃ 2.

| Godzina | Biegi     | Skoki długie      | Skoki wysokie        | Rzuty długie          | Rzuty krótkie         | Dekoracje                    | Godzina |
|---------|-----------|-------------------|----------------------|-----------------------|-----------------------|------------------------------|---------|
| 10:00   |           |                   |                      | Rzut młotem M (15)    |                       |                              | 10:00   |
| 10:05   |           |                   | Skok o tyczce K (17) |                       |                       |                              | 10:05   |
| 11:00   |           |                   |                      |                       | Pchnięcie kulą K (16) |                              | 11:00   |
| 11:35   | 300 M 1   |                   |                      |                       |                       |                              | 11:35   |
| 11:41   | 300 M 2   |                   |                      |                       |                       |                              | 11:41   |
| 11:47   | 300 M 3   |                   |                      |                       |                       |                              | 11:47   |
| 11:48   |           |                   |                      |                       |                       | <b>Rzut młotem M (CD)</b>    | 11:48   |
| 11:53   | 300 M 4   |                   |                      |                       |                       |                              | 11:53   |
| 11:56   |           |                   |                      | Rzut dyskiem M (22)   |                       |                              | 11:56   |
| 11:58   | 300 M 5   |                   |                      |                       |                       |                              | 11:58   |
| 12:03   | 300 M 6   |                   |                      |                       |                       |                              | 12:03   |
| 12:10   | 300 K 1   |                   |                      |                       |                       |                              | 12:10   |
| 12:15   | 300 K 2   |                   |                      |                       |                       |                              | 12:15   |
| 12:19   | 300 K 3   |                   |                      |                       |                       |                              | 12:19   |
| 12:25   | 300 K 4   |                   |                      |                       |                       |                              | 12:25   |
| 12:30   | 300 K 5   |                   |                      |                       |                       |                              | 12:30   |
| 12:35   | 300 K 6   |                   |                      |                       |                       |                              | 12:35   |
| 12:50   | 80pl K 1  |                   |                      |                       |                       |                              | 12:50   |
| 12:56   | 80pl K 2  |                   |                      |                       |                       |                              | 12:56   |
| 13:02   | 80pl K 3  |                   |                      |                       |                       |                              | 13:02   |
| 13:10   | 80pl K 4  |                   |                      |                       |                       |                              | 13:10   |
| 13:11   |           |                   |                      |                       |                       | <b>Skok o tyczce K (CD)</b>  | 13:11   |
| 13:16   |           |                   |                      |                       |                       | <b>Pchnięcie kulą K (CD)</b> | 13:16   |
| 13:21   |           | Skok w dal M (22) |                      |                       |                       |                              | 13:21   |
| 13:25   |           |                   |                      |                       |                       | <b>300 M (CD)</b>            | 13:25   |
| 13:31   |           |                   | Skok wzwyż K (16)    |                       |                       |                              | 13:31   |
| 13:35   |           |                   |                      |                       |                       | <b>300 K (CD)</b>            | 13:35   |
| 13:40   |           |                   |                      |                       |                       | <b>Rzut dyskiem M (CD)</b>   | 13:40   |
| 13:50   | 80pl K F  |                   |                      |                       |                       |                              | 13:50   |
| 13:56   |           |                   |                      | Rzut oszczepem K (20) |                       |                              | 13:56   |
| 14:10   | 110pl M 1 |                   |                      |                       |                       |                              | 14:10   |
| 14:17   | 110pl M 2 |                   |                      |                       |                       |                              | 14:17   |
| 14:19   |           |                   |                      |                       |                       | <b>80pl K (CD)</b>           | 14:19   |
| 14:25   | 110pl M 3 |                   |                      |                       |                       |                              | 14:25   |
| 14:40   | 1000 M 1  |                   |                      |                       |                       |                              | 14:40   |
| 14:46   | 1000 M 2  |                   |                      |                       |                       |                              | 14:46   |
| 14:55   | 1000 K 1  |                   |                      |                       |                       |                              | 14:55   |
| 15:02   | 1000 K 2  |                   |                      |                       |                       |                              | 15:02   |
| 15:09   | 1000 K 3  |                   |                      |                       |                       |                              | 15:09   |
| 15:10   |           |                   |                      |                       |                       | <b>1000 M (CD)</b>           | 15:10   |
| 15:15   |           |                   |                      |                       |                       | <b>Skok wzwyż K (CD)</b>     | 15:15   |
| 15:19   |           |                   |                      |                       |                       | <b>Skok w dal M (CD)</b>     | 15:19   |
| 15:25   | 110pl M F |                   |                      |                       |                       |                              | 15:25   |
| 15:30   |           |                   |                      |                       |                       | <b>1000 K (CD)</b>           | 15:30   |
| 15:35   |           |                   |                      |                       |                       | <b>Rzut oszczepem K (CD)</b> | 15:35   |
| 15:40   |           |                   |                      |                       |                       | <b>110pl M (CD)</b>          | 15:40   |

CD - Ceremonia dekoracji